

8:00 EnhanceFitness 8:30 Sit n Fit 9:00 Dancing Grannies 9:00 Pencil Art 9:00 Stained Glass 10:00 Line Dancing 11:30 Lunch 12:30 Bingo 12:30 Arthritis Class 1:00 Oil Painting

8:30 Dancing Grannies 8:30 Sit n Fit 8:30 Lapidary 9:00 Woodcarving 9:30 Tai Chi for Arthritis 11:30 Lunch 12:30 Craft Class 7:00 Square Dancing

8:00 EnhanceFitness 8:30 Sit n Fit 9:00 Meet with Kristy 9:00 Dancing Grannies 9:00 Stained Glass 10:00 Line Dancing 11:15 Senior Social 11:30 Lunch 12:30 Bingo

8:30 Dancing Grannies 8:30 Sit n Fit 8:30 Lapidary 9:00 Craft Class 10:30 Sing-a-long

11:00 Blood Pressure 11:30 Lunch 12:30 Advisory council 12:30 Grocery Shopping 8:00 EnhanceFitness 8:30 Sit n Fit 9:00 Watercolor 9:00 Stained Glass 9:30 Line Dancing 9:30 Tai Chi 11:30 Lunch



10 8:00 EnhanceFitness 8:30 Sit n Fit 9:00 Dancing Grannies 9:00 Pencil Art 9:00 Stained Glass 10:00 Line Dancing 11:30 Lunch 12:30 Bingo 12:30 Arthritis Class 1:00 Oil Painting

8:30 Dancing Grannies 8:30 Sit n Fit 8:30 Lapidary 9:00 Woodcarving 9:30 Tai Chi for Arthritis 10:00 Legal Consult. By Appointment 11:30 Lunch 12:30 Craft Class 7:00 Square Dancing Нарру

12 8:00 EnhanceFitness 8:30 Sit n Fit 9:00 Dancing Grannies 9:00 Stained Glass 10:00 Line Dancing 11:15 Senior Social 11:30 Lunch 12:30 Bingo

8:30 Dancing Grannies 8:30 Sit n Fit 8:30 Lapidary 9:00 Kingsbury Hall Trip 9:00 Craft Class 9:30 Foot Clinic 11:30 Lunch 12:30 Arthritis Class 12:30 Grocery Shopping 4:00 pm - 6:00 pm Valentine's

Party!

(SIGN UP REQUIRED)

8:00 ÉnhanceFitness 8:30 Sit n Fit 9:00 Watercolor 9:00 Stained Glass 9:30 Line Dancing 9:30 Tai Chi 11:30 Lunch **Howard's Band** 



**UMBRELLA DAY** 

**CLOSED** 

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Day! 18 8:30 Dancing Grannies 8:30 Sit n Fit 8:30 Lapidary 9:00 Woodcarving 9:30 Tai Chi for Arthritis 11:30 Lunch 12:30 Craft Class

7:00 Square Dancing

White T-Shirt

19 8:00 EnhanceFitness 8:30 Sit n Fit 9:00 Dancing Grannies 9:00 Stained Glass 10:00 Line Dancing 11:15 Senior Social 11:30 Lunch 12:30 Bingo

20 8:30 Dancing Grannies 8:30 Sit n Fit 8:30 Lapidary 9:00 Craft Class 11:30 Lunch 12:30 Arthritis Class 12:30 Grocery Shopping 21 8:00 EnhanceFitness 8:30 Sit n Fit 9:00 Watercolor 9:00 Stained Glass 9:30 Line Dancing 9:30 Tai Chi 11:30 Lunch

8:00 EnhanceFitness 8:30 Sit n Fit 9:00 Dancing Grannies 9:00 Pencil Art 9:00 Stained Glass 10:00 Line Dancing 10:00 AARP Safe Driving (Reservation Required) 11:30 Lunch 12:30 Bingo 12:30 Arthritis Class

1:00 Oil Painting

8:30 Dancing Grannies 8:30 Sit n Fit 8:30 Lapidary 9:00 Woodcarving 9:30 Tai Chi for Arthritis 11:30 Lunch 12:30 **Book Club** Summer of the Monkeys

7:00 Square Dancing

8:00 EnhanceFitness 8:30 Sit n Fit 9:00 Dancing Grannies 9:00 Stained Glass 10:00 Line Dancing 11:15 Senior Social 11:30 Lunch 12:30 Bingo

8:30 Dancing Grannies 8:30 Sit n Fit 8:30 Lapidary 9:00 Craft Class 11:30 Lunch 12:30 Grocery Shopping 8:00 EnhanceFitness 8:30 Sit n Fit 9:00 Watercolor 9:00 Stained Glass 9:30 Line Dancing 9:30 Tai Chi 11:30 Lunch Howard's Band **Birthday Party!** 



Pool Tables, Puzzles, Computers, Library, and Exercise Equipment Available